



# County of San Diego

JEAN M. SHEPARD  
DIRECTOR

## HEALTH AND HUMAN SERVICES AGENCY

### PUBLIC HEALTH SERVICES

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Base Station Physicians' Committee  
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Community Epidemiology  
Emergency & Disaster Medical Services  
HIV/STD Hepatitis  
Immunization  
Maternal, Child and Family Health Services  
Public Health Laboratory  
PH Nursing/Border Health  
TB Control & Refugee Health  
Vital Records

## BASE STATION PHYSICIANS' COMMITTEE MEETING

### Minutes

Tuesday, January 17, 2006

#### Members Present

Broyles, R.N., Linda – Scripps La Jolla  
Castro, Ben – Co. Paramedics Agencies' Committee  
Davis, M.D., Dan – UCSD/Mercy Air  
Dunford, M.D., Jim – City of San Diego  
Geddes, Michael – S.D. Co. Paramedics' Association  
Glasser, M.D., Judd – Tri-City  
Grad, M.D., Michele – Palomar/Pomerado  
Harley, M.D., Jim – Children's  
Kramer, M.D., Mark – Sharp Memorial  
Linnik, M.D., Bill – Sharp Grossmont  
Morikado, M.D., Lisa – Scripps La Jolla  
Stonecipher, R.N., Joanne – Southwestern College  
Zahller, M.D., Steve – Scripps Mercy

#### County Staff Present

Gardina, R.N., Les  
Marcotte, R.N., Annie  
Metz, R.N., Marcy  
Murrin, R.N., Patti  
Stepanski, Barbara  
Vilke, M.D., Gary

#### Guests Present

Allington, R.N., Linda – No. County Fire  
Anderson, R.N., Marilyn – Vista Fire  
Barnes, R.N., Melanie – S.D. Med. Service Enterprise  
Bourdon, R.N., Darlene – Scripps Mercy  
Dotson, R.N., Melody – UCSD  
Graydon, R.N., Cheryl – Palomar  
Henry, Chad – American Medical Response  
Lee, James – American Medical Response  
Marsan, Robert – UCSD  
Meadows-Pitt, R.N., Mary – Sharp Grossmont  
Ochs, R.N., Ginger – San Diego Fire Rescue  
Raine, R.N., Susan – Tri-City  
Rosenberg, R.N., Linda – Sharp Memorial  
Sallee, M.D., Don – Naval Medical Center San Diego  
Seabloom, R.N., Lynne – Oceanside Fire  
Smith, R.N., Susan – San Diego Fire Rescue  
Workman, R.N., Debi – Palomar College

#### Recorder

Rupp, Merle

## **I. INTRODUCTIONS/ANNOUNCEMENTS**

Jim Dunford, M.D., Chair, brought the meeting to order at 11:00 a.m. Attendees introduced themselves.

## **II. APPROVAL OF MINUTES**

On page 3 of the previous minutes of October 18, 2005, Section V, Spinal Immobilization, La Mesa Fire reps did not consult with Dr. Vilke and Sharp Grossmont staff prior to changing their protocol and education for c-spine immobilization. Grossmont Hospital Prehospital staff and Dr. Vilke were notified after the change had taken place. The issue was referred to BSPC for discussion due to the change in practice at one fire department—for recommendation from the County on how patients in San Diego County should be c-spined in the future, so that there would be one standard of care.

With the above-mentioned correction, MOTION made by Jim Harley, M.D., Seconded by Melody Dotson, R.N., to approve the Minutes of October 18, 2005. MOTION carried.

### III. MEDICAL DIRECTOR'S REPORT (Gary Vilke, M.D.)

Farewell from Dr. Vilke: In what could be his last BSPC meeting, Dr. Vilke thanked everyone for allowing him to participate in the EMS system for the last few years.

New EMS Medical Director: Sam Stratton, M.D., is scheduled to take over the duties of San Diego County EMS Medical Director February 1, 2006. Dr. Stratton has served as the Medical Director for Los Angeles County for about ten years and understands the EMS system quite well in the State. Dr. Stratton will be leaving his position with U.C. Irvine and will be a full-time employee of San Diego County.

STEMI Update: The second Cardiology Advisory Committee (CAC) meeting was held January 4, 2006. It served as a very productive meeting with diverse representation from many hospitals and stakeholder groups. The process towards designating STEMI receiving centers continues to move forward. Kudos to Les Gardina, R.N., County EMS, who has been instrumental in meeting with multiple facilities and staff numerous times at various cath labs.

Stroke Update: Plans are continuing to move forward towards establishing a regionalized stroke system. The Stroke Care Improvement Oversight Task Force has been meeting since August, 2005 and subcommittees are being established to explore opportunities that were brought out at the Stroke Summit which was held in November, 2005. The three subcommittees are the Early Recognition/Education, Inpatient, and Acute Care Group. County Supervisor Pam Slater-Price is a strong supporter.

ROC Update: The Resuscitation Outcomes Consortium continues to move forward with protocol development and local resource identification. The hypertonic saline study for patients with severe traumatic brain injury or shock from hemorrhagic shock is progressing forward and hopefully will be initiated in the spring.

Patient Destination Trial: Compared to the previous twelve months, patient's requesting to be transported to a specific facility of their choice, has improved between 40 and 50%. Bill Linnik, M.D. recommended that encouraging data such as this needs to be heard by hospital chief executive officers. **ACTION: Dr. Vilke will compose and send some information out in this regard.**

Offload Delays: A trial period from April 3 through April 17 will review hospital off-

load delays. Both EMT and paramedics delays will be reviewed. If the delay is more than ten minutes, why is it occurring? Nursing shortage? Lack of space? Lack of wheelchairs, etc. County EMS will collect the forms that are filled out and analyze the data.

**IV. BASE HOSPITAL NURSE COORDINATOR'S RPT. (Melody Dotson, R.N.)**

Susan Rainey, R.N., was introduced as the new Base Hospital Nurse Coordinator for Tri-City Medical Center.

Four Annex D's occurred over the past four months.

The BHNC's are going to continue the Designation Report Study for six months. Some of the criteria may change. Results of that will come back to BSPC in later months.

**V. ROC UPDATE (Dan Davis, M.D.)**

Currently there are three protocols that are currently being put forward. First is the Epistry, a data collection tool; next is Hypertonic Saline for head injury and traumatic shock; third is the CPR protocol. It should be known by the end of February whether or not the hypertonic saline study will be approved.

**VI. IMPLICATIONS OF NEW ACLS GUIDELINES (Jim Dunford, M.D.)**

Some highlights from a Power Point presentation include but are not limited to:

- New ACLS Guidelines were published in December, 2005.
- National Sudden Cardiac Arrests in the country were 330,000 with an overall survival rate of 6.4.
- The public access defibrillation rates are 49 to 74% survival rates.
- High quality CPR resulted in a two or three-fold increase in survival.
- Improving chest compressions is very important; push hard and fast.
- AED's for ages one to eight are acceptable for a lay rescuer.
- For CPR, recommendation is to tilt head with 5-10 seconds to detect normal breathing.
- Dispatcher CPR says compression only.
- For two-person CPR, adult rate will be 30-2 and kids 50-2.
- Defibrillation or shocking patients AED's are acceptable to age one. The patient should be shocked once then immediately begin two minutes of CPR, then check the rhythm.

**VII. EMSA PPE GRANT (Marcy Metz, R.N.)**

No discussion.

**VIII. SAN DIEGO HEALTHCARE DISASTER COUNCIL (Linda Rosenberg, R.N.)**

No discussion.

**IX. HEALTH ADVISORY COMMITTEE ON THREATS (HACOT)**  
**(Jim Dunford, M.D.)**

No discussion.

**X. SET NEXT MEETING/ADJOURNMENT**

Dr. Dunford thanked Dr. Vilke for his performance, his excellent work and kind spirit as EMS Medical Director and presented him with a plaque.

The next meeting was scheduled for Tuesday, February 21, 2006, 11:00 a.m. at Sharp Spectrum Auditorium, 8695 Spectrum Center Court, Kearny Mesa, San Diego.

The meeting adjourned at 1:00 p.m.

Respectfully submitted,

Merle Rupp, Board Secretary,  
County EMS